






Motor Checklist


The Arc.
Alliance



Parental **Red Flag** Checklist for Motor

Infant:

-  Your child's head persistently turns or tilts in one direction
 yes no
-  Your child's limbs seem stiff and resist movement
 yes no
-  Your child's head lags, seems "floppy"
 yes no
-  Your child's shoulders seem to "slip through" when you pick them up
 yes no
-  Your child isn't sitting by 9-12 months, crawling by 12 months or walking at 15 months
 yes no
-  Your child favors one hand or on side
 yes no

Toddler:

-  Your child is constantly moving
 yes no
-  Your child is clumsy or falls a lot
 yes no
-  Your child has very flat feet, toe walks, or toes in or out.
 yes no
-  Your child cannot play with toys with both hands and manipulate objects
 yes no
- Your child cannot maintain an upright (straight spine) posture when sitting or needs to lean on their hands or furniture
 yes no

checked YES to any of the red flag warning signs, talk to your Physician immediately and follow the steps on the back of this card.

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